

WHEREAS, Mental illness affects thoughts, feelings, behaviors, and general interaction with others and the stigma associated with mental illness must be addressed so that no one feels shame or disgrace in seeking help and treatment; and

WHEREAS, in response to the need for self-care and identifying and treating mental illness, a grassroots effort was undertaken by the principal mental health providers in Broward County, including government, private sector, and non-profit organizations, to join forces in a historic effort to increase awareness and education by holding a summit on October 23, 2025; and

WHEREAS, the inaugural *South Florida Mental Wellness Summit and Expo* titled, “Resilience in Action - A Community Conversation on Mental Health,” presented by Mental Health America of Southeast Florida, Aetna, and Bristol Myers Squibb, bring together the leading mental health providers in South Florida to discuss and examine the current issues relating to mental health in Broward County affecting all populations; and

WHEREAS, anyone wanting to learn about mental health and issues facing our communities, including healthcare providers, first responders, community leaders, business owners, elected officials, or simply concerned citizens, can get information, tools, and a better understanding of the challenges affecting mental health from the *South Florida Mental Wellness Summit and Expo*; and

WHEREAS, by acknowledging the importance of mental wellness, we help the general public understand the issues surrounding mental illness and the challenges for the Coconut Creek community.

NOW, THEREFORE, BE IT RESOLVED that the City Commission of the City of Coconut Creek, Florida, hereby recognizes October 23, 2025 as

“South Florida Mental Wellness Summit and Expo Day”

and remains committed to raising awareness in order to combat stigma and educate the Coconut Creek community about mental wellness.

**IN WITNESS WHEREOF, we have hereunto
set our hands and caused the seal of
the City of Coconut Creek to be affixed
this 9th day of October 2025.**