

WHEREAS, headache disorders are among the leading causes of disability globally, affecting more than 40 million Americans and over 1.1 billion people worldwide; and

WHEREAS, the symptoms of headache disorders extend beyond head pain, often impacting vision, cognitive function, balance, and daily activities, with attacks lasting hours to days; and

WHEREAS, an estimated 4 million Americans live with chronic migraine, experiencing symptoms 15 or more days per month, yet access to specialized care remains limited; and

WHEREAS, there is a severe shortage of headache specialists, with fewer than 800 certified headache medicine specialists nationwide, creating significant barriers to care; and

WHEREAS, stigma and misinformation have historically stifled research, treatment innovation, and public awareness, leaving many patients undiagnosed and untreated; and

WHEREAS, individuals with headache disorders are at an increased risk for developing depression and suicidal ideation, underscoring the urgent need for comprehensive care and mental health support; and

WHEREAS, all individuals living with headache diseases deserve equitable, timely, and affordable access to effective treatments to improve their quality of life.

NOW, THEREFORE, BE IT RESOLVED that the City Commission of the City of Coconut Creek, Florida, hereby proclaims the month of June 2026 as

“MIGRAINE AND HEADACHE AWARENESS MONTH”

and encourage all residents, healthcare professionals, and policymakers to support awareness, research, and improve access to care for headache diseases.

**IN WITNESS WHEREOF, we have hereunto
set our hands and caused the seal of the
City of Coconut Creek to be affixed
this 25th day of June, 2026.**