



Legislation Details (With Text)

File #:	RES 2016-173	Name:	State of Health and Wellness Pledge
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On agenda:	8/11/2016	Final action:	8/11/2016
Title:	A RESOLUTION RECOGNIZING THE STATE OF HEALTH AND WELLNESS PLEDGE, AN INITIATIVE OF THE FLORIDA RECREATION AND PARK ASSOCIATION (FRPA), AND PLEDGING SUPPORT FOR THIS STATEWIDE EFFORT.		
Sponsors:	Parks and Recreation		
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Attachments:	1. RESOLUTION 2016-173-FRPA Health and Wellness Pledge		

Date	Ver.	Action By	Action	Result
8/11/2016	1	City Commission		

AGENDA ITEM REPORT

TITLE:

A RESOLUTION RECOGNIZING THE STATE OF HEALTH AND WELLNESS PLEDGE, AN INITIATIVE OF THE FLORIDA RECREATION AND PARK ASSOCIATION (FRPA), AND PLEDGING SUPPORT FOR THIS STATEWIDE EFFORT.

BACKGROUND:

The *State of Health and Wellness Pledge* was developed by the FRPA, the Florida Department of Health, and the Florida Department of Agriculture and Consumer Services to address nutrition and physical activity standards through education and programming initiatives. This Pledge is the beginning effort to more deeply position Parks and Recreation agencies as a solution to Florida's health and nutrition challenges.

DISCUSSION:

By committing to the Pledge, the City of Coconut Creek commits to address health and nutrition standards in our community and assist in making Florida the healthiest state in the country.

Highlights of the *State of Health and Wellness Pledge* include the following standards for Parks and Recreation agencies:

- Supports a well-connected community that allows for active transportation;
- Creates an environment of fitness, physical activity, and fun while maintaining a safe and positive atmosphere; and

- Works as a connector between the community and locally grown food needs.

FISCAL IMPACT: N/A