

WHEREAS, mental illness affects one in five adults every year, which equates to 450,000 people in Broward County; and

WHEREAS, people with mental illness make important contributions to our families and communities, and recover if given the necessary services and support in their communities; and

WHEREAS, mental illness can cause severe disturbance in thinking, feeling, and relating, resulting substantially in a diminished capacity for dealing with the ordinary demands of life; and

WHEREAS, stigma and fear of discrimination keep many who would benefit from mental health services from seeking help, and research shows that the most effective way to reduce this stigma is through personal contact with someone with a mental illness; and

WHEREAS, good mental health is critical to the well-being of our families, communities, schools, and businesses; and

WHEREAS, the National Alliance on Mental Illness (NAMI) Broward County promotes greater public awareness about mental illness to change negative attitudes and behaviors toward people with mental illnesses; and

WHEREAS, the mission of NAMI Broward County is to bring awareness and programs to Broward County to support a world-class treatment and recovery system for people with mental illness and their families.

NOW, THEREFORE, BE IT RESOLVED that the City Commission of the City of Coconut Creek, Florida, hereby proclaims May 2020 as

“MENTAL HEALTH AWARENESS MONTH”

and urges all citizens to commit to increasing awareness and understanding of mental illness, reducing stigma and discrimination, and promoting appropriate and accessible services for all people with mental illness.

**IN WITNESS WHEREOF, we have hereunto
set our hands and caused the seal of the
City of Coconut Creek to be affixed
this 14th day of May 2020.**