

WHEREAS, mental illnesses affect almost every family in America, and millions of adults and children are disabled by mental illness every year; and

WHEREAS, people with mental illnesses make important contributions to our families and communities, and recover if given the necessary services and support in their communities; and

WHEREAS, stigma and fear of discrimination keep many who would benefit from mental health services from seeking help, and research shows that the most effective way to reduce this stigma is through personal contact with someone with a mental illness; and

WHEREAS, good mental health is critical to the well-being of our families, communities, schools, and businesses; and

WHEREAS, the National Alliance on Mental Illness (NAMI) Broward County promotes greater public awareness about mental illnesses to change negative attitudes and behaviors toward people with mental illnesses; and

WHEREAS, NAMI will host their fifth annual NAMIWalks Broward County, Walk for Mental Health, on November 11, 2017, to encourage support and awareness of those afflicted with a mental illness.

NOW, THEREFORE, BE IT RESOLVED that the City Commission of Coconut Creek, Florida, hereby proclaims November 11, 2017, as

“MENTAL HEALTH DAY”

and urges all citizens to commit our community to increasing awareness and understanding of mental illnesses, reducing stigma and discrimination, and promoting appropriate and accessible services for all people with mental illnesses.

**IN WITNESS WHEREOF, we have hereunto
set our hands and caused the seal of the
City of Coconut Creek to be affixed
this 9th day of November 2017.**