

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, mental illnesses are real and prevalent in our nation, and half of all people will have a mental health diagnosis at some point in their lives; and

WHEREAS, all people experience times of difficulty and stress in their lives and should feel comfortable in seeking help and support to manage these times; and

WHEREAS, engaging in prevention, early identification, and early intervention are effective ways to reduce the burden of mental illnesses; and

WHEREAS, there is a strong body of research that identifies behavioral health risks and supports specific tools that people can use to protect their health and well-being; and

WHEREAS, with effective treatment before Stage 4, all individuals with mental illnesses, even serious mental illnesses, can make progress toward recovery and lead full, productive lives; and

WHEREAS, jails and prisons have often become the default places of custodial care for even nonviolent people with serious mental illnesses; and

WHEREAS, each business, school, government agency, healthcare provider, organization, and citizen has a responsibility to promote mental health and well-being for all.

NOW, THEREFORE, BE IT RESOLVED that the City Commission of the City of Coconut Creek, Florida, hereby proclaims May 2017 as

“MENTAL HEALTH MONTH”

and urges all residents to commit to increasing awareness and understanding of mental illness in our community, taking steps to protect their mental health, and promoting the need for appropriate and accessible services for all people with mental illnesses.

**IN WITNESS WHEREOF, we have hereunto
set our hands and caused the seal of
the City of Coconut Creek to be affixed
this 11th day of May 2017.**