

**WHEREAS**, on March 22, 1972, President Nixon signed into law a measure that amended the Older Americans Act of 1965 to include a national public-private nutrition program for individuals 60 years and older; and

**WHEREAS**, for over five decades, this landmark law has supported our nation's seniors and helped to fund community-based organizations – like Meals on Wheels – and it is still the only federal program designed specifically to meet the nutritional and social needs of older adults; and

**WHEREAS**, volunteers are the backbone of Meals on Wheels programs, delivering nutritious meals to seniors and individuals with disabilities, who are at significant risk of hunger and isolation, with caring concern and attention to their welfare; and

**WHEREAS**, Meals on Wheels South Florida offers a powerful opportunity for social connection for seniors to help combat the negative health effects and economic consequences of loneliness and isolation; and

**WHEREAS**, the senior population is substantially increasing, and action is needed now to support local Meals on Wheels programs through federal, state, and local funding; volunteering; donations; and raising awareness to ensure these vital services can continue to be delivered for years to come; and

**WHEREAS**, nearly 13 million seniors are still threatened by or experience hunger, 56% of seniors are lonely, and 1 in 3 Meals on Wheels programs has a waitlist with seniors waiting, on average, four months for vital meals; and

**WHEREAS**, Meals on Wheels programs across the country are joining together for the “End the Wait” campaign this March and beyond to celebrate their collective success and to generate the support needed to ensure these critical programs can continue to address food insecurity and malnutrition, combat social isolation and loneliness, enable independence, and improve health outcomes.

**NOW, THEREFORE, BE IT RESOLVED** that the City Commission of the City of Coconut Creek, Florida, hereby recognizes March 2025 as,

### ***“SENIOR NUTRITION PROGRAMS MONTH”***

and urges every community member to take this month to recognize the efforts of our senior nutrition programs, including Meals on Wheels South Florida, to “End the Wait” and help combat senior hunger and isolation in Coconut Creek, and to honor the individuals served by our senior nutrition programs and the volunteers who care for them.

**IN WITNESS WHEREOF, we have hereunto  
set our hands and caused the seal of  
the City of Coconut Creek to be affixed  
this 13<sup>th</sup> day of March 2025.**