

WHEREAS, in the United States, as many as 30 million Americans are currently battling eating disorders, and more than 700,000 individuals in the State of Florida suffer daily with an eating disorder; and

WHEREAS, eating disorders are not choices, but serious biologically influenced illnesses; and

WHEREAS, eating disorders are associated with serious physical health consequences including irregular heartbeats, heart disease and heart failure, kidney failure, osteoporosis, gastric rupture, tooth decay, obesity, gall bladder disease, diabetes, and death; and

WHEREAS, at least once every 62 minutes, someone dies due to their struggle with an eating disorder, and anorexia nervosa has the highest mortality rate of any mental illness; and

WHEREAS, eating disorders know no boundaries with respect to gender, age, race, ethnicity, body shape and weight, sexual orientation, and socioeconomic status; and

WHEREAS, with early detection and intervention, full recovery from an eating disorder is possible; and

WHEREAS, The Alliance for Eating Disorders Awareness, a 501(c)(3) non-profit organization, is the premier eating disorders organization in South Florida dedicated to providing programs and activities aimed at outreach, education, and early intervention for all eating disorders.

NOW, THEREFORE, BE IT RESOLVED that the City Commission of the City of Coconut Creek, Florida, hereby recognizes March 4, 2017, as

“EATING DISORDERS AWARENESS DAY”

**IN WITNESS HEREOF, we have hereunto
set our hands and caused the seal of
the City of Coconut Creek to be affixed
this 23th day of February 2017.**