

WHEREAS, mental illnesses affect almost every family in America, and millions of adults and children are disabled by mental illness every year; and

WHEREAS, people with mental illnesses make important contributions to our families and communities, and recover if given the necessary services and support in their communities; and

WHEREAS, only one out of two people with a serious form of mental illness seeks treatment for their mental illness; and

WHEREAS, stigma and fear of discrimination keep many who would benefit from mental health services from seeking help, and research shows that the most effective way to reduce this stigma is through personal contact with someone with a mental illness; and

WHEREAS, good mental health is critical to the well-being of our families, communities, schools, and businesses; and

WHEREAS, the National Alliance on Mental Illness Broward County promotes greater public awareness about mental illnesses to change negative attitudes and behaviors toward people with mental illnesses; and

WHEREAS, the National Alliance on Mental Illness (NAMI) will host its annual NAMIWalks, Walking for Mental Health, on November 10, 2018, to encourage support and awareness of those afflicted with a mental illness.

NOW, THEREFORE, BE IT RESOLVED that the City Commission of the City of Coconut Creek, Florida, hereby proclaims November 10, 2018, as

“MENTAL HEALTH DAY”

and urges all citizens to commit our community to increasing awareness and understanding of mental illnesses, reducing stigma and discrimination, and promoting appropriate and accessible services for all people with mental illnesses.

**IN WITNESS WHEREOF, we have hereunto
set our hands and caused the seal of the
City of Coconut Creek to be affixed
this 25th day of October 2018.**