

Our Aging Population

Population aging

- is pervasive (worldwide)
- is unprecedented
- is enduring
- has profound implications

<http://www.un.org/esa/population/publications/worldageing19502050/pdf/207unite.pdf>

Why is the population aging?

- There are more older adults
- We're living longer
- Fertility rates have declined

Projections of Population by Age for Florida: 2015 and 2040 (000)

<u>Population</u>	<u>2015</u>	<u>2040</u>	<u>%</u>
Total	19,814,000	26,252,000	32.5%
<65	16,080,000	19,546,000	21.6%
65+	3,734,000	6,706,000	79.6%
%>65	18.8%	25.5%	

Projections of Population by Age for Broward County: 2015 and 2040

<u>Population</u>	<u>2015</u>	<u>2040</u>	<u>%</u>
Total	1,827,367	2,158,080	18.1%
<65	1,544,702	1,628,662	5.4%
65+	282,665	529,418	87.3%
%>65	15.5%	24.5%	

2017 – 12.8 million visitors

Bureau of Business and Economic Research
University of Florida 2016

Coconut Creek

2016

Total population 57,731

>65 18.1%

>50 37.2%

Projections of Population by Age for Broward County: 2015 and 2040

<u>Age</u>	<u>2015</u>	<u>2040</u>	<u>%</u>
65-74	155,729	226,590	45.5
75-84	81,917	208,953	155.1
85+	45,019	93,875	108.5

Bureau of Economic and Business Research
University of Florida, June 2016

U.S. Life Expectancy At Birth

Year	Age
1900	47.3
1930	59.7
1960	69.7
1997	76.5
2007	77.9
2010	78.7
2030	80
2040	85

Completed Fertility For Women 40 - 44 Years Old

Year	% Childless	Avg. # of Children	% Higher Order Births*
1976	10.2%	3.1	59%
2014	15.3%	1.9	28%

Main reasons for decline in fertility

- The pill
- More women in workforce
- Economic conditions

*Three or more Children

1. Outdoor Spaces
and Buildings

2. Transportation

3. Housing

4. Social
Participation

The **AARP** Network of Age-Friendly Communities

and work within

The 8 Domains of Livability

help communities become great for people of all ages

5. Respect and
Social Inclusion

6. Civic Participation
and Employment

7. Communication
and Information

8. Community
and Health Services

AARP/WHO Network of Age-Friendly Communities

5 year plan:

Phase I: (Planning (Years 1-2))

- Conduct survey and baseline assessment
- Engage stakeholders/partners
- Develop 3 year action plan based on assessment finding

Phase II Implementation (Years 3-5)

- Implement the action plan
- Submit progress report after five years

...rapidly growing commitment

	2/1/17	9/27/18
World communities	309	600+
countries	33	38
US communities	137	296*
Including 3 states: NY, MA, CO		
Florida communities	13	23

AARP Age-Friendly Network

23 cities in Florida

- Sarasota County (2/15)
- Tallahassee (6/15)
- Winter Haven (10/15)
- Cutler Bay (3/16)
- **Hallandale Beach (5/16)**
- St Petersburg (6/16)
- Pinecrest (7/16)
- Miami-Dade County (11/16)
- **Hollywood (12/16)**
- **Ft Lauderdale (12/16)**
- Lakeland (12/16)
- Longwood (12/16)
- Satellite Beach (12/16)
- Pinellas County (1/17)
- **Pembroke Pines (3/17)**
- Palmetto Bay (3/17)
- Dunedin (1/18)
- **Wilton Manors (2/18)**
- Coral Gables (5/18)
- Miami Lakes (6/18)
- **Pompano Beach (7/18)**
- New Port Richie (8/18)
- Miami (8/18)

Housing

Aging in place - 85% of us want to stay put

Suitability

Friend or enemy as we age?

Near local destinations*

Manageable maintenance and repair*

Smaller*

Affordable*

Rent/own*

Maintenance/repair*

Taxes*

*Applicable to all ages

Transportation

- **We will outlive our ability to drive by 8 years**
- Need for public and active transportation*
- Uber, Lyft, autonomous vehicles*
- Safety – Complete Streets*

*Applicable to all ages

Engagement

Serious health risks of chronic isolation

- chronic isolation with smoking 15 cigarettes a day.
- greater health hazard than obesity
- 28% >65 live alone

Leads to

- depression
- poor nutrition
- high blood pressure
- onset of disabilities
- higher use of medications
- early entry into ALFs, nursing homes
- shorter life expectancy

<http://www.campaigntoendloneliness.org/threat-to-health/>

Engagement

Antidotes

Social inclusion

Volunteering

Civic engagement

Continuing education

Communication/information

Intergenerational opportunities



We believe that if everything we do in our cities is great for an 8 year old and an 80 year old, then it will be great for all people.

<https://www.880cities.org/>